

KENNEDY CATHOLIC HIGH SCHOOL

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www.kennedyhs.org



January 28, 2022

Dear Freshman Parent(s) or Guardians:

Kennedy Catholic High School will host our Freshman Retreat February 24 & 25, 2022. This year, all our activities will take place on campus.

The Freshman Retreat touches on our mission to build students' relationships with Jesus Christ through prayer, community, formation, and service. Because we feel this retreat is unique to Kennedy Catholic and because we feel strongly that students should enjoy this experience, **all freshmen students (of all faiths) are required to participate**. We kindly ask that you do not schedule any activities or appointments that conflict with the retreat times. If you foresee any conflicts, please contact Ms. Cacabelos at cacabelosc@kennedyhs.org or 206-957-9727.

Schedule Overview:

- **Thursday, February 24 (5:30/6 - 9:30pm):** School dismissal will be at the regular time and students may participate in their regular after school activities and sports OR they may hang out in the cafeteria where a movie will be playing (faculty supervision is provided). At 5:30pm, there will be Dick's Drive-In burgers offered for dinner to any student who wishes to remain on campus until the retreat. All students should return to Kennedy Catholic's Goodwin Gymnasium by 6pm. Please be sure your student has eaten dinner before arriving or have them grab a burger from the cafeteria at 5:30pm. Students will not stay overnight. They should be picked up at the gym entrance at 9:30pm.
- **Friday, February 22 (9am—9:30pm):** Students should report to Kennedy Catholic's Goodwin Gymnasium before 9am. **Freshmen must bring a lunch.** Pasta dinner is provided in individual servings. All parents are invited to attend Mass in the gym at 8pm, however only one is required. This is a fantastic end to our retreat!

Permission Slip:

- Complete the enclosed permission slip and return to your student's Theology teacher before **Thursday, February 10, 2022.**
- Please make sure that all allergies are listed, especially food
- If you have any questions about transportation or permission forms, please contact Ms. Cacabelos at 206-957-9727 or cacabelosc@kennedyhs.org

Other Information

- Under the guidance of teachers and staff, the retreat will be implemented by trained junior and senior leaders selected by faculty. Freshmen will be assigned to a small group of six to eight to be led by two or three of these junior/senior leaders.

Closing Ceremony

- All freshmen will be dismissed after the closing ceremony on Friday, February 25.
- At least one parent/guardian should be in the gym by 8pm on Friday, February 25 to participate in the closing Mass and ceremony.
- The closing ceremony will conclude around 9:30pm.

We truly believe that this retreat will be one of the most important spiritual and community experiences for your freshman student and could impact their remaining high school years and beyond. We encourage all parents to support them as they prepare in this retreat. Please pray for all who are participating in this retreat!

If have any questions, do not hesitate to call. May God bless you and your family.

Sincerely,

Ms. Cacabelos, Mr. Josie, and Ms. Farrell

Packing List

For **Thursday, February 24:**

- Pre-packaged snack to share
- Water bottle

For **Friday, February 25:**

- Sack lunch for Friday (cafeteria will not be open)
- Water bottle
- Warm jacket or sweatshirt
- A blanket or sleeping pad or mat as we will be watching a movie on the gym floor

***Please return completed permission slips to your student's Theology teacher
by Thursday, February 8, 2022***